



# Handicraft Lesson

## Handicraft

Soap has been crafted in France since its beginning, originally from basic materials like animal fat and ash, but eventually from more luxurious ingredients, such as olive oil and seawater from the Mediterranean. Because of this, France became known for its famous luxury soaps, such as the Marseille soap, which is still sold all over the world today.

For this session's handicraft lesson, we will be celebrating this history by making our own soap with beautiful red globe amaranth flowers embedded within.

*"I've filled him with the Spirit of God, giving him skill and know-how and expertise in every kind of craft to create designs ... he's an all-around craftsman."*

~ Exodus 31:3-5

# Dried Red Globe Amaranth Soap



## Supplies:

1 pound melt & pour soap base (we like goat's milk and shea butter)  
18 dried red globe amaranth flowers  
30 drops essential or fragrance oil (optional)  
Square soap mold  
Glass bowl or measuring cup  
Wooden stir stick  
Spray bottle of rubbing alcohol (optional)

## Directions:

Cut soap base into 1-inch cubes and place into glass bowl or measuring cup. Microwave on high for 30 seconds. Stir well. If not completely melted, put on for additional 10-second increments until fully melted, stirring in between.

Add fragrance oil if desired and stir well. Place 3 dried red globe amaranth flowers into the center of each soap. Spray with rubbing alcohol to reduce bubbles. Let set for about 2-3 hours.

(This recipe makes 6 soaps.)